

## Symptoms in Children

## COVID-19 vs. COLD vs. FLU vs. ALLERGIES

SYMPTOMS		COVID-19* (Gradual onset)	COLD (Sudden onset)	FLU (Sudden onset)	ALLERGIES (Varies)
	Fever	Common (less common than in adults, 100 F or higher)	Common	High (100-102 F), can last 3-4 days	No
Ó	Headache	Common	Rare	Intense	Sometimes
<u>ځ</u> رگي ځ	General aches, pains	Common	Slight	Common, often severe	No
M	Cough	Common	Mild to moderate	Common, can become severe	Sometimes
	Loss of smell or taste	Common	Rare (congestion could impact smell)	Rare	Possible (congestion could impact smell)
	Poor appetite, feeding	Sometimes	Sometimes	Sometimes	Rare
N ZZZ	Fatigue, weakness	Sometimes	Slight	Common, often severe	Rare
	Extreme exhaustion	Sometimes (progresses slowly)	Never	Common (starts early)	No
۵	Stuffy nose	Sometimes	Common	Sometimes	Common
2	Runny nose	Sometimes	Common	Sometimes	Common
	Shortness of breath	Sometimes (less common than in adults, more common in adolescents than younger children)	Rare	Rare	Rare
	Sore throat	Sometimes	Common	Common	No
<u></u>	Diarrhea	Sometimes	No	Sometimes	No
	Nausea, vomiting, abdominal pain	Sometimes	Rare	Sometimes (can be more common in young children)	No
<b>12</b>	Chills	Sometimes	Rare	Common	No
	Sneezing	Rare	Common	Sometimes	Common

## As symptoms can overlap or be easily confused among disease processes, it's recommended to visit your medical provider.

## For more information: www.coronavirus.kdheks.gov

<sup>\* &</sup>lt;u>Infants <1 year</u> - Most common symptoms: Fever and poor feeding, followed by respiratory symptoms such as mild cough or difficulty breathing and vomiting. <u>Ages 1-9</u> - Most common symptoms: Fever, cough, headache, diarrhea, sore throat, runny nose, muscles aches. Less common: Shortness of breath, abdominal pain and loss of taste/smell. <u>Ages 10-18</u> - Most common symptoms: Headache, cough, sore throat, fever, muscle aches, shortness of breath, diarrhea, nausea and vomiting and loss of taste/smell.